

Book title: The Pout-Pout Fish

Author: Deborah Diesen

Supplies for activities needed:

- Scissors
- Crayons/ Markers
- Glue-stick

Activity Name: Pout: Pout-Pout Fish Emotions

- School Readiness Outcomes (SRO) goals met:
 - Verbally express how they are feeling.
 - Showing awareness of the feelings of others.
 - Expressing feelings in acceptable ways.
- Instructions
 1. First, print out the activity.
 2. Walk through each emotion one by one.
 3. For each emotion, ask the child to color and draw on the fish. On each fish, the child should draw a facial emotion that matches the emotion in question. (For example, the sad fish should receive a sad face).
 4. Next, the child should respond to the question, "I feel (happy, sad, scared, angry) when...".
 5. Once the question is answered, the child should then cut out the faces that match the emotion, and glue them onto the blank face.
 6. The child can then color the face to match what they look like.
- Extension Activity Ideas
 - If you do not have access to a printer, scissors, or glue stick: please ask child to draw on a piece of paper. The child should draw a face that demonstrates how they look when they are feeling happy, sad, angry and scared.