

Supplies for activities needed:

OPTIONAL:

- Paper
- Writing Utensils
- OR Morning Routine Printout

Activity Name: Making a Morning Routine

- School Readiness Outcomes (SRO) goals met:
  - Is able to identify sequence in activity
- Instructions
  - With this activity, you will be talking about routines with your child. Mornings can be rough, so it might be a good idea to create a morning routine with your child! The first step is to talk to your child about the order that they do things in the morning.
    - Ex: “What do we do in the morning before we go to school?”
  - Talk with them about what you would like them to do in the morning by themselves or what they may need help with.
  - You can write down on a piece of paper the order of your child’s morning routine along with pictures that they can reference while they are getting ready in the morning. Make it a checklist to get them motivated!
    - Feel free to use the printout that goes along with this activity as a checklist that your child can use as well.



