

How to Make Peanut Butter Banana Cinnamon Bites

Ingredients:

- 2 Bananas
- ½ cup peanut butter
- Cinnamon

Tools:

- Small dish
- Container
- Butter knife
- Cutting board
- Spoon
- Measuring cup

Activity Name: Peanut Butter Banana Cinnamon Bites

- School Readiness Outcomes (SRO) goals met:
 - The child works on complex projects with adults while sharing labor and following rules.
- Instructions
 1. Gather ingredients and tools.
 2. Slice bananas and place in container
 3. Melt peanut butter in small dish.
 4. Drizzle over bananas.
 5. Sprinkle cinnamon over the top of the bananas.
 6. Place in freezer for 2 hours.
 7. Enjoy!
- Extension Activity Ideas
 - Experiment with different toppings. For example, add coconut or chocolate.

