

Supplies for activities needed:

- Anything From Your Yard! (Outdoor chairs, basketballs, etc)

Activity Name: Outdoor Obstacle Course

- School Readiness Outcomes (SRO) goals met:
  - Is able to identify sequence in activity
- Instructions
  1. Have your child make their own obstacle course! They can use whatever they wish to make the obstacle course. You can aid them in brainstorming ideas as to what to use.
    - a. Examples may include: Running to a ball and bouncing it on the ground, crawling underneath a patio table, running around the swing set, etc.
    - b. If you would like to add a challenge, you can even see how fast that they can do to obstacle course by timing them or racing against someone.

