

## How to Make a Pom-Pom Activity Guide:

Supplies for activities needed:

- Yarn
- Scissors
- A needle
- A fork
  
- School Readiness Outcomes (SRO) goals met:
  - This activity will give children a chance to carry out complex activities alone. If they need help at all, an adult may assist.
  - This activity will show children how to identify differences between two different sized objects.
- Instructions for pom with hand
  1. First, the child will pick out one color of yarn that they would like to create their pom with. If yarn is already available in the home, the child may use that. Otherwise, stores like Walmart or Target carry various types of yarn for the child to use. The child will also need to gather a pair of scissors and a needle for the next steps.
  2. Second, the child will either choose 3 or 4 fingers to wrap their yarn around. The child will need to take the end of the ball of yarn and hold it at the end of their 3 or 4 fingers like shown in the video.
  3. Third, the child will wrap the yarn around their fingers in a circular motion. The child needs to make sure that they do not wrap too tightly around the fingers. Yarn will be wrapped around the hand until the designated thickness shown in the video.
  4. After enough yarn is wrapped around the hand, the child will need to take their scissors and cut the string of yarn (the

yarn will need to be ended at the edge of the 3 or 4 fingers like at the beginning of the wrapping).

5. Once the yarn is cut, an additional string of yarn will need to be cut to tie it all together. The string will need to be about 12-16 inches long (the child can use a ruler or the forearm for measurement).
  6. The child will take the additional string and poke it through the center of the wrapping on the hand and then an additional extra time for support (further demonstration is shown in the attached video). Then, the yarn can slowly be removed from the hand to tie knots. The child will tie 2-3 knots super tightly so the yarn does not come out.
  7. After the knots have been tied, the child will take one finger and poke it through the center of the yarn loops. The child will take their scissors and cut in the middle of the yarn loops to create two “sides” of yarn. Some loops may not be cut in the first round of cutting, so the child can go back and cut the extra loops until all are cut.
  8. After two “sides” of yarn have been made, the child can fluff out the pom and fluff out the extra pieces of yarn. The pom-pom can be turned upside down to get rid of the extra pieces easier. If the child chooses, the strips of yarn can be trimmed to be even with each other.
  9. The pom-pom can be tied onto a hat, used as a keychain, or any way the child wishes to use it!
- Instructions for pom with fork
    1. Follow the instructions for the “pom with hand” from steps 1-5. Step 5’s additional string of yarn can be cut slightly shorter, about 10-12 inches. Additionally, in substitute of a hand, a fork will be used.
    2. The additional string of yarn will need to be threaded through a needle to poke through the center of the yarn wrapped around the fork. Once the needle is through, the

wrapping of yarn can then be removed from the fork to be tied with knots. The string will need to be knotted 2-3 times, tightly.

3. Steps 7 and 8 can be repeated from the “pom with hand.” This smaller pom can be used at the choice of the child. Have fun!

